



VIP4 - Newsletter #1 - 04/2026

Düsseldorf, 1st April 2026

Dear colleagues,
today marks an important milestone for the VIP4 study: on April 1st, the **first patient** has been successfully enrolled at our coordinating center in Düsseldorf!



After months of preparation, coordination, and collaboration, we are very excited to officially start the recruitment phase. This first inclusion represents not only the beginning of data collection, but also the start of a joint international effort to improve our understanding and care of critically ill older patients.

We would like to sincerely thank all participating centers for their commitment and support in making this possible!

Join the VIP4 Study!

We are continuously welcoming new centers to join the VIP4 study. Institutions interested in participating are warmly invited to register via:

→ www.vip4.eu

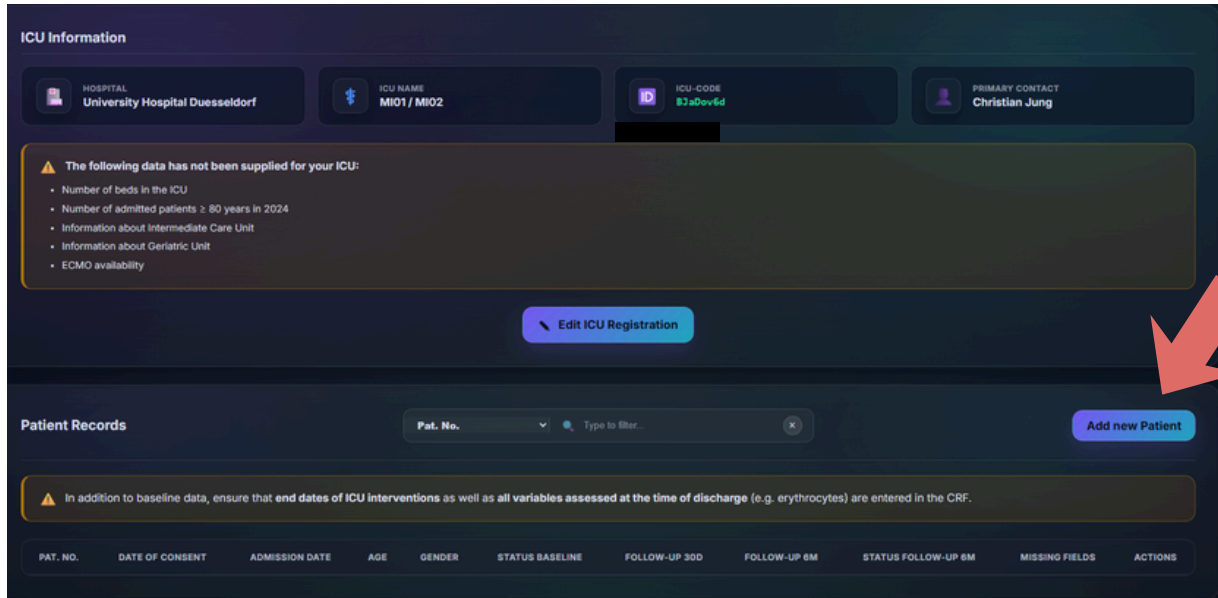
Please feel free to share this information within your network!



With the first patient enrolled, VIP4 is now actively recruiting!

After registration, you received an individual ICU code and a personalized link to your patient overview.

Using this link, you can easily enter and edit the data of your enrolled patients at any time.



Center recruitment update

We are happy to report that a total of 70 study centers have been successfully registered for the VIP4 study to date.

Among participating countries, Turkey currently leads with the highest number of registered centers, highlighting a particularly strong engagement in the study.

We would like to thank all participating sites for their commitment and look forward to further expanding the study network in the coming months.

