



VIP4 - Newsletter #3 - 06/2026

Düsseldorf, 1st June 2026

Dear colleagues,
following the successful enrolment of our first patient in April, recruitment for the VIP4 study is now actively ongoing across participating sites. We are pleased to see that centers in Germany, Sweden, and Turkey have already started enrolling patients!

VIP4 receives endorsement from the European Society of Intensive Care Medicine (ESICM)!

We are pleased to announce that the VIP4 study has received official endorsement from the ESICM. This recognition highlights the scientific relevance of the study and supports our efforts to improve understanding of outcomes and vulnerability in very old critically ill patients with cardiovascular diseases.

We would like to sincerely thank all participating centers for their commitment and support in making this possible!

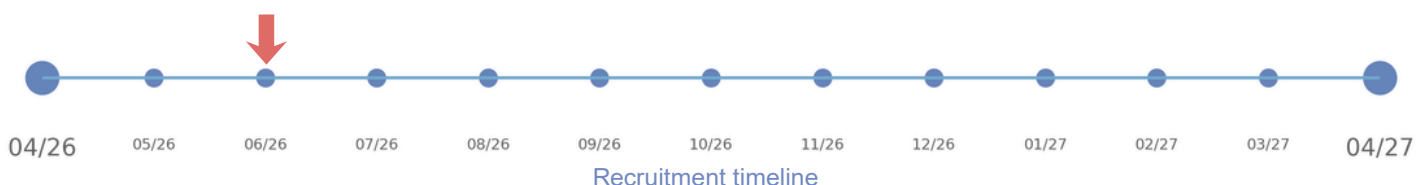
Ongoing Projects – Endorsed

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• Impact of chronic and acute cardiovascular diseases in old intensive care patients: A prospective multicenter observational study (Very old Intensive care Patients – VIP4)

This study is an international, multicenter, prospective observational study. The study population includes critically ill patients aged ≥80 years who are acutely admitted to the intensive care unit. Patients will be recruited across multiple ICUs, including cardiac, cardio-surgical, internal medicine, and surgical ICUs, representing diverse healthcare systems. No interventional procedures, additional treatments, or study-specific diagnostic measures are performed. All patients are treated according to standard clinical care, and only routinely collected clinical data are recorded. The project builds on the well-established VIP study network, which has successfully conducted previous international multicenter studies in very old ICU patients. These studies have contributed to the development and validation of standardized data collection procedures and the use of established assessment tools such as the Clinical Frailty Scale, Katz ADL, and EQ-5D-5L.

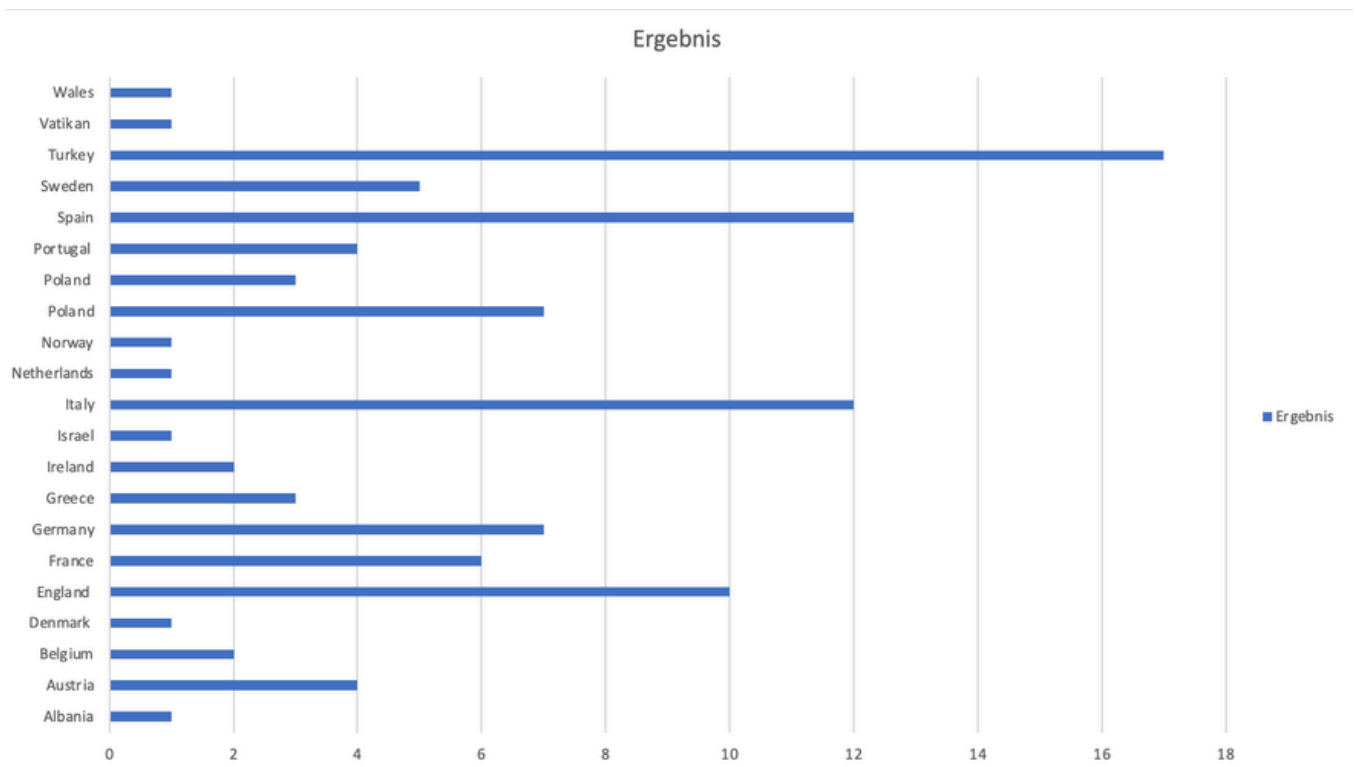


Center recruitment update

We are happy to report that a total of 101 study centers have been successfully registered for the VIP4 study to date!

Among participating countries, Turkey currently leads with the highest number of registered centers, highlighting a particularly strong engagement in the study, followed by Italy, where a notable increase in registrations has been observed over the past two weeks.

We would like to thank all participating sites for their commitment and look forward to further expanding the study network in the coming months!



We are continuously welcoming new centers to join the VIP4 study!

We are delighted to share that we have now reached 100 participating centers, achieving half of our target of 200 centers. We would like to sincerely thank all investigators and study teams for their valuable support and commitment.

Institutions interested in participating are warmly invited to register via:

www.vip4.eu

We would also greatly appreciate it if participating centers could help spread the word about the VIP4 study and encourage colleagues at other institutions to join. Your support is essential in helping us reach our recruitment goal and further strengthen this important international collaboration.



Join our upcoming hybrid workshop: The trajectory of very old patients with critical conditions

We warmly invite all collaborators and interested colleagues to join our upcoming hybrid workshop on July 1st, 2026, bringing together international experts to discuss challenges, opportunities, and future directions in improving care trajectories and long-term outcomes for very old intensive care patients. The programme includes presentations on frailty, geriatric assessment, decision-making, and the next steps of the VIP4 study, followed by interactive discussions on how to move forward together.



Date: July 1st, 2026



Location: Hybrid (on-site in Düsseldorf & online via MS Teams)



Contact: christina.peter@med.uni-duesseldorf.de

If you are interested in participating, please feel free to contact us directly for further information and registration details.

Topics include:

- The concept of age and implications for intensive care
- Decision-making for old patients in critical care
- Geriatric assessment in acute and critical care
- Validation of the FRAIL-ICU checklist
- Challenges and solutions across healthcare systems
- Next step VIP4: Interplay of age, frailty and cardiovascular comorbidities
- International perspectives from Europe, Australia, Brazil, Hong Kong and the US

